



# Navalog

June 8, 2018 Edition

## New Skipper at the Helm of Naval Health Clinic New England

### INSIDE THIS EDITION

TRAFFIC UPDATES: ROAD  
WORK TO BEGIN

BZ SHIPMATES & FAREWELL  
NMCRS DIRECTOR

NUWC STEM SUCCESSES

BATTLE OF MIDWAY  
LECTURE FRIDAY



Capt. Marnie Buchanan enters the NHCNE change of command ceremony through the sideboys held on June 1, 2018, at Naval Station Newport Dewey Field.

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By Kathy MacKnight, NHCNE Public Affairs

Captain Phillip Sanchez, MSC, USN, passed command of Naval Health Clinic New England (NHCNE) to Captain Marnie S. Buchanan, NC, USN, at a ceremony at Naval Station Newport Dewey Field on Friday, June 1. Rear Admiral Terry J. Moulton, MSC, USN, Deputy Surgeon General and Deputy Chief, Bureau of Medicine and Surgery (BUMED), was the presiding officer and guest speaker for the ceremony with over 250 NHCNE staff members, Naval Station Newport commanding officers, friends and family in attendance. The ceremony was also live streamed on the NHCNE Facebook page for those who couldn't attend the event in person.

Rear Admiral Moulton stated that, "The Change of Command is the pinnacle achievement of an officer's career and the ultimate vote of confidence of

the Surgeon General to lead as a Commanding Officer. This immutable truth has been the very foundation of our Navy since 1775." He noted that Captain Buchanan's career milestones indicate that she is ready to lead at the highest level and that she will be at the helm and setting the rudder for the future of NHCNE. The challenges and tests that come with Command is an opportunity to lead and mentor the future of Navy Medicine. "I consider this the greatest honor bestowed on an Officer," he disclosed. "Naval Health Clinic New England under the command of Captain Sanchez has been part of a Navy enterprise that has been consistently number 1 in Quality, Access and Safety for the Military Health System. These efforts are now part of the foundation for transformative change as the Defense Health Agency begins to assume authority, direction and control of all military treatment facilities this year," the



CAPT Marnie Buchanan assumes command of Naval Health Clinic New England.

All photos taken by HM1 Mark Gregg, HM1 Obner Lindor and HM2 Marcelo Castellon.



Official Party for Naval Health Clinic New England (NHCNE) Change of Command, Presiding Officer RADM Terry J. Moulton, MSC, USN, Deputy Surgeon General, Deputy Chief, Bureau of Medicine and Surgery (left); CAPT Phillip M. Sanchez, MSC, USN, outgoing commanding officer of NHCNE; and incoming Commanding Officer CAPT Marnie S. Buchanan, NC, USN.

Navy Deputy Surgeon General said.

Captain Buchanan, a native of Hershey, Pennsylvania, entered the Navy through the Bachelor Degree Completion Program in 1991 while pursuing her Bachelor of Science in Nursing at Thomas Jefferson University, Philadelphia, Pennsylvania. Upon graduation, she was commissioned as an Ensign in the Navy Nurse Corps. Her most recent leadership role was Executive Officer at Naval Health Clinic Corpus Christi, Texas. Other career tours of duty include: In 2014, Director, Clinical Support Services, and Command Risk Manager at Naval Health Clinic Cherry Point, North Carolina; Orders to Naval Hospital Pensacola, Florida in 2011, and in 2007 she undertook full-time out service training in Medical-Surgical Nursing at University of Florida and graduated with her Clinical Nurse Specialist Master of Science in Nursing; her follow-on tour was Naval Hospital Camp Lejeune, North Carolina. Buchanan de-

ployed in support of Operation Iraqi Freedom as a trauma triage nurse with Bravo Surgical Company in 2003, followed by assignment as a Division Officer, Emergency Department at Naval Hospital Jacksonville, Florida.

In Rear Admiral Moulton's closing remarks he said, "Dr. Martin Luther King once asked, 'do you have the courage to lead in times of challenge and great change?' Our Navy leaders stand ready for any change. These two Captains before you are shining examples of that leadership and live our Navy Corps values of Honor, Courage and Commitment."

The NHCNE command headquarters is located in Newport, RI, with Naval Branch Health Clinics at Groton, CT; Portsmouth, NH; and Saratoga Springs, NY. Over 100,000 beneficiaries receive their primary and specialty care from the four health care sites.

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Capt. Ian L. Johnson, Commanding Officer  
Lisa Rama, Public Affairs Officer



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Base Condition Line: 841-2211

**Operational and Exercise Impacts** are often communicated to the public first using the installation Facebook Page—'like' us at: [www.facebook.com/NAVSTANewport](http://www.facebook.com/NAVSTANewport) to stay informed!





## NUWC Newport employees recall how STEM programs led to engineering careers

Andrew DeSousa, an engineer in Naval Undersea Warfare Center (NUWC) Division Newport's Undersea Warfare Combat Systems Department, recently looked at a photo in the March 2008 issue of NUWC's newsletter and cringed before giving in to a wide smile.

"Yup, that's me," DeSousa said. He then paused before adding, "with all that hair."

"You did have a lot hair back then," Tom Dolan, his former mentor, chimed in. "I had a lot more too."

The photo shows Dolan helping DeSousa – then a sophomore at Portsmouth High School – assemble the drive train chassis on a robot and accompanied an article on NUWC Newport employees working with high school students in the Aquidneck Island Robotics (AIR) program to prepare them for a FIRST Robotics Competition. The image provided a brief foray into the past for the two NUWC Newport employees.

"That was the overdrive competition with the arm that held the big ball," Dolan said. "We got the robot done in like three or four weeks."

DeSousa recalled there being an issue with the ball being too heavy for the arm to hold and how they solved the problem.

"My recommendation was, 'why don't we just put a stop there?' Everyone was like, 'oh yeah, that's a pretty good idea,'" DeSousa said. "People were talking about putting in bigger springs or pneumatics so that the jaw was strong enough. I was like, just put a piece of metal in the way so the jaw doesn't open up anymore."

DeSousa began with the program at the urging of his older brother Michael, who now works in NUWC's Undersea Warfare Weapons, Vehicles, and Defensive Systems Department, and also was in the robotics program when he was in high school.

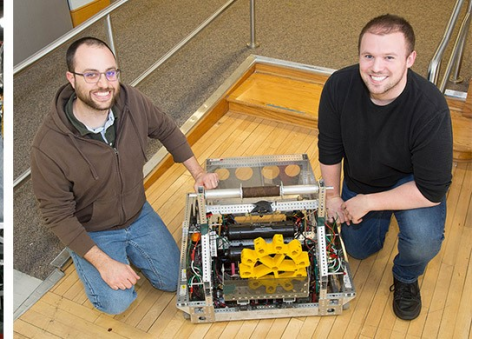
"He knew I was interested in taking things apart and putting them back together as a kid, and he thought it would be a good idea to join the robotics team," DeSousa said. "I joined my sophomore year and stayed with it until I graduated."

DeSousa went on to attend the University of Rhode Island, where he graduated in 2015 with a bachelor's degree in mechanical engineering with a minor in nuclear engineering. During his time at URI he also interned at NUWC during the summer through the Naval Research Enterprise Intern Program (NREIP) program (<http://nreip.asee.org/>).

"When I graduated with my degree I came to a job fair here where I met my future branch head, Mike Kalisz [an engineer in the Undersea Warfare Combat Systems Department]," DeSousa said. "I submitted my résumé and everything else is history."

For Dolan, a story like DeSousa's is hardly unfamiliar. A 2006 URI graduate, Dolan is in his 17th year with the robotics program – which has had a few different names over the years. Dolan joined the robotics team as a senior at Middletown High School in 2002.

"Rick Blight, who is the current team leader, he's been doing this for 18 years, him and another guy, Joe Menassa, they convinced me to come to a meeting, and I decided I liked engineering more than business," Dolan said. "I went to URI for four years, continued mentoring that team and then I came to work at NUWC a few months after I graduated college in 2006. I've been here



Tom Dolan (left photo, right) helps Andrew DeSousa assemble the drive train chassis on a robot when DeSousa was a sophomore at Portsmouth High School in 2008. At right, is a recent photo of the two at Division Newport. (U.S. Navy photo by Dave Stoehr, ICI Services)

for the last almost 12 years."

In his 17 years with the program Dolan was not exactly sure how many have taken the same path as Andrew's, but two current mentors came to mind. Kim Lesieur and Tim Sieben, both engineers in the Undersea Warfare Combat Systems Department, are former students who were in the program in 2010. Of the seven current team mentors, four are alumni of the team.

"Now they've graduated and they work here, and now they're mentors for the team," Dolan said. "It's come full circle."

Lesieur and Sieben each got into the program for different reasons, but both are happy that they did. Lesieur was a senior at The Prout School in South Kingstown in 2011 when her mother "dragged her into it." Looking back on it now, Lesieur could not have been happier that she got involved.

"I think that's really why I went to engineering," said Lesieur, who earned a bachelor's degree in applied mathematics from URI in 2015.

Sieben was a junior at Portsmouth when he began with the robotics program after attending an open house at the urging of his computer science teacher.

“After I went to the open house I really wanted to do this program. It definitely changed my career and what my future would be,” said Sieben, who graduated from URI in 2015 with a degree in computer engineering. “Before I wasn’t thinking about engineering or anything like that. I wanted to follow my dad’s path, he’s a firefighter.”

DeSousa, Lesieur and Sieben are not the first to parlay experience in the robotics program to jobs at NUWC Newport, and they certainly will not be the last.

Candida Desjardins, who leads the Educational Outreach Program and is the regional coordinator for Department of Defense (DoD) STEM, has seen firsthand how these skills learned in the robotics program translate to the workforce.

“The skills that they get from doing these programs are the skills that we want our workforce to have – working together, interdisciplinary, cognizant of timelines, cognizant of costs, able to think on the fly,” Desjardins said. “These are all things that make a really good employee and those are the skills that the kids learn in this.”

The FIRST Robotics Competition has been around since 1992. It is a DoD STEM-supported program in which teams of 25-plus students have just six weeks to build and program robots to perform challenging tasks against a field of competitors.

NUWC Newport has an educational partnership agreement with AIR, allowing the team access to the Undersea Collaboration and Technology Outreach Center (UCTOC) workshop, NUWC machine shop and employee volunteers.

For the 2017-18 sea-



At right, Sieben (front row, right) and Lesieur (front row, third from right) pose for a team photo, with NUWC employees J.R. Casey (back row from left), Rick Blight, and Michael DeSousa during the 2011 World Championship. (U.S. Navy photo)

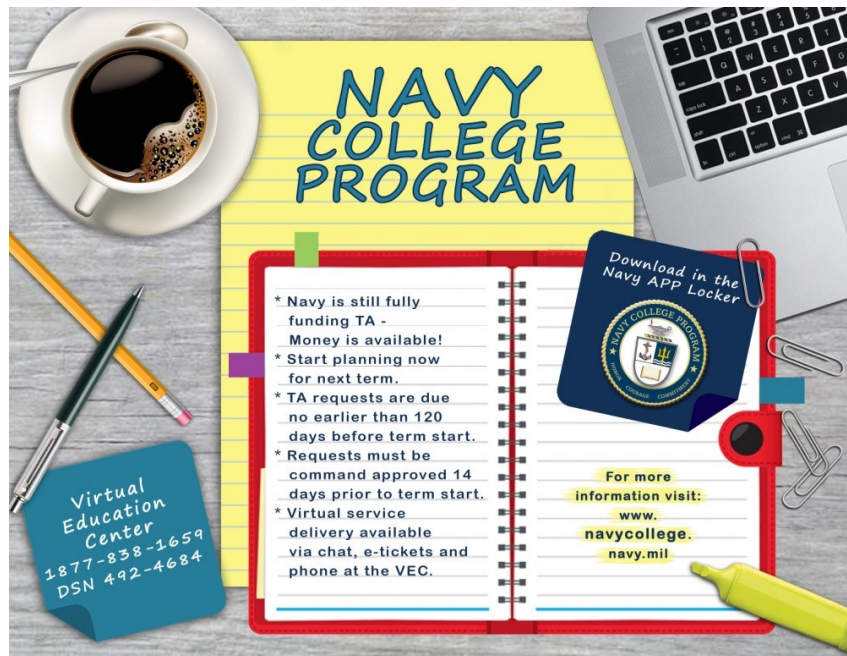
son, AIR – an umbrella 501c3 non-profit organization that manages multiple K-12 competitive robotics teams and outreach events – had 97 students from 33 schools enrolled in nine robotics teams guided by 28 adult mentors. The largest team is FRC Team 78, which had 40 students in grades eight through 12

from 15 schools.

NUWC Newport also has educational partnership agreements with five schools, New Bedford High School, Dartmouth High School, Disman Regional Vocational Technical High School, Greater New Bedford Regional Vocational Technical High School and Newport Public Schools.

“These programs work. What’s nice is it gives the kids a chance to work with an engineer,” Desjardins said. “Finding the balance between the kids working with an engineer or the engineer doing the project or the kids just doing the project, it’s hard to find that balance. This program has done a really good job with that.”

For more information, on the Aquidneck Island Robotics team, visit [www.air4h.org](http://www.air4h.org)





# AROUND THE STATION...



## Bike Rodeo a hit!

Twenty-eight children took part in the MWR Bike Rodeo last Saturday that featured eight different courses to teach bike safety. Bari Freeman, Executive Director of Bike Newport, did bike checks for each kid, checking tire pressure, brakes and gears. Robyn Chapman and Jeremy Tolleson of Brain Injury Association of RI handed out free bike helmets to the first 50 kids who needed a helmet. After the course the children enjoyed Touch-A-Truck with the Naval Station Newport Fire Department Fire Truck and Ambulance, free pizza, drinks, and



## AT WORK WITH PUBLIC WORKS NEWPORT....

Our utilities branch High Voltage Electricians Team was working safely and smartly on the electrical distribution system at building 988 in support of replacing the automatic transfer switch for the generator at 988 Melville. The man in the bucket is Owen Column who was working on a pole top transformer removing a feed with a hot stick to secure the power in order to perform repairs in the generator building. The man on the ground is Chris Vachon, Electrical Engineering Tech, providing oversight to ensure all safety requirements and high voltage electrical practices are done per code and the switching orders are being followed per safety regulations. Safety is everyone's business! Thanks for keeping the base running PW!





## NS Newport Senior Civilian of the Quarter, 1st Quarter, 2018

Capt. Ian Johnson, commanding officer, NS Newport presents Mr. Thomas Clapsadle, District Fire Chief in the Fire Department at NS Newport, with a certificate officially recognizing him as the Senior Civilian of the Quarter, 1st Quarter, 2018 at a ceremony held during shift change at the station on Wednesday. Chief Clapsadle covers two installations as the District Chief and dedicates a significant amount of time and commitment to both installations. Through his management, his department was lauded for receiving zero discrepancies and recognized for “Best Practices” during a recent Commander Navy Installations Command, Command Inspection Program. Chief Clapsadle demonstrates exceptional initiative, knowledge, and expertise by providing top quality management and support to his departments.



Culinary Specialist Seaman Franco A. Gonzalez, currently assigned to Ney Hall Galley, was frocked to Petty Officer Third Class by Capt. Ian Johnson, NS Newport Commanding Officer, during an impromptu ceremony held on Tuesday at the Galley. CS3 Gonzalez is entitled to wear the rank of third class petty officer and is entitled to all of the privileges and responsibility afforded that rank but will not receive the pay until his official promotion date later this year.

Capt. Ian Johnson presented a Letter of Appreciation to Kathryn Dennis for her exceptional dedication and hard work as the Navy Marine Corps Relief Society Director from July 2016 until this month. Kathryn worked tirelessly to ensure that the NMCRS operated at its full capacity in order to support the service members assigned to NS Newport—all commands and all branches of service—and their families. Her knowledge, skill, proactive approach and dedication contributed immensely to the success of the organization. Kathryn is pcs'ing with her family to Pearl Harbor, HI.





Balfour Beatty NAVSTA Newport Homes is pleased to announce that Kelsey Brayboy, a Balfour Beatty Newport resident has received an academic scholarship for the 2018/2019 school year through the Balfour Beatty Communities Foundation. Ms. Brayboy intends to use the funds to pursue her studies in Ocean Engineering.

The Balfour Beatty Communities Foundation scholarship program awards academic scholarships to residents living in a Balfour Beatty Communities who are attending, or plan to attend, an accredited higher education or technical institution. Scholarship recipients are selected on the basis of academic achievement, demonstrated leadership qualities and a commitment to community involvement. This year, Balfour Beatty Communities Foundation has awarded more than 65 academic scholarships for the upcoming 2018/2019 year.

“This group of scholarship recipients left us in awe with their passion and dedication to their communities,” said Chris Williams, president of the Balfour Beatty Communities Foundation. “The Foundation is honored to be able to assist students in their educational aspirations and look forward to their future accomplishments. Congratulations to all of this year’s scholarship winners.”

For more information, visit [bbcommunitiesfoundation.org](http://bbcommunitiesfoundation.org).



## Junior Youth of the Year Awards

The Jr. Youth of the Year program is held annually at the School Age Care Center here at Naval Station Newport. The program was led by Child & Youth Program (CYP) Assistant, Brittany Marini. Junior Youth of the Year is a Boys and Girls Club of America (BGCA) program that helps strengthen already present Leadership, Service, and Professional development skills in youth ages 9-12. The youth involved in this year's competition worked for 6 months on service projects, public speaking, and building a portfolio, which they ultimately presented to a Panel of judges. The Judges this year were



(left to right rear) Cmdr. Al Lima, Executive Officer of NS Newport; Dean Weidman, MWR Director; Pete Browne, MWR Administrative Officer and Pamela Martin, NS Newport School Liaison Officer. Each youth presented their portfolio, a personal essay, completed a professional Elevator Pitch, and finished with a round of questions with the judges. After the judges deliberated the youth that was chosen as the 2018 Jr. Youth of the Year was announced and certificates were distributed. Awardees were Judy L., 2018 Jr. Youth of the Year; Lyla P. First Runner up and Nicole C., Second Runner up.



## Corpsman Saves Life at Providence YMCA

By Commander Evelyn DeCaal

On May 5, 2018, a current member of the Operational Health Support Unit – Portsmouth, Detachment M, the local medical Reserve Component unit that drills out of Naval Health Clinic New England, received a Navy and Marine Corps Achievement Medal for an act of heroism at a YMCA club fitness room.

Hospital Corpsman Second Class (HM2) David A. Melendez received a gold star, in lieu of his second award, for heroic achievement and superior performance during a life threatening emergency that occurred at the East Side Mount Hope YMCA in Providence, RI. On April 4, while using the facility to work out, Melendez heard someone fall. He immediately rushed to the scene and found an elderly patron who had hit his head due to the fall and he was struggling to breathe before he passed out. Melendez called for help and began utilizing his combat lifesaving assessment skills. He performed emergency medical intervention by providing cardio pulmonary resuscitation using an automated external defibrillator which resulted in saving the man's life from a cardiac arrest.

HM2 Melendez was also recognized by the UMCA of Greater Providence at their annual Heroes Event held at the Providence Convention Center on April 12. He was recognized in front of 600 people by the current YMCA CEO, Steven O'Donnell, former head of the RI State Police. The East Side/Mount Hope YMCA also awarded Melendez the American Heart Association Saver Hero Award presented by Barbara Vincent, execu-



HM2 David Melendez on the left is presented a Navy and Marine Corps Achievement Medal by LCDR Salvatore Pizzino on the grounds of Naval Health Clinic New England where the medical reserve unit drills.

utive director of East Side/Mount Hope YMCA. Ms. Vincent stated, "The community has recognized and is thankful to have members that contribute so highly to the community. The YMCA of Greater Providence offers a Veteran's Initiative program and as a qualifying recipient, we are so grateful that HM2 Melendez was able to be at the right place at the right time for another one of our members. He was the first responder who took control of the scene and we are so proud of what he did."

HM2 Melendez's immediate response is a reflection of what it is to be an exceptional Sailor 24/7.



**BALTIC SEA (June 6, 2018)** An AAV-P7/A1 amphibious assault vehicle assigned to the 26th Marine Expeditionary Unit (26th MEU) enters the well deck of the Harpers Ferry-class dock landing ship USS Oak Hill (LSD 51) during exercise Baltic Operations (BALTOPS) 2018. BALTOPS is the premier annual maritime-focused exercise in the Baltic Region and one of the largest exercises in Northern Europe that is designed to enhancing flexibility and interoperability among allied and partner nations. (U.S. Navy photo by Mass Communication Specialist 3rd Class Michael H. Lehman/Released



## **BATTLE OF MIDWAY LECTURE OF OPPORTUNITY:**

### **The Myths of Midway Remembered: Reexamining Documents to Understand What Really Happened**

**Friday, June 8 from noon to 1:30 p.m. inside the Naval War College Museum on the second floor.**

Seventy-six years ago in June, the Battle of Midway proved to be a resounding victory which enabled the U.S. Navy and the combined Allied forces of the British Empire and Soviet Union to seize the strategic advantage against the Axis Tripartite during the Second World War. The dates most closely associated with this epic battle are widely remembered in popular memory by the tactical actions between Imperial Japanese Navy and U.S. Navy forces between 4-7 June 1942.

In accordance with Navy commemoration efforts surrounding the 76th Anniversary of the Battle of Midway, Professor David Kohnen will focus on the myths and the problems of popular memory which have become accepted as historical facts in the context of twenty-first century portrayals of the Second World War.

In conjunction with this lecture, the NWC Museum will temporarily display the five star uniforms of Fleet Admirals Ernest J. King and Chester W. Nimitz -- appearing together for the very first time since King stood relieved by Nimitz as Chief of Naval Operations seventy-three years ago and immediately after the Second World War.

Setting the context for Midway, the earlier Battle of Coral Sea coincided with U.S. Naval offensive operations in the Atlantic and other theaters to set the stage for another Imperial Japanese Naval offensive against American forces in the Pacific. Intelligence informed the strategic decisions of Admiral Ernest J. King in guiding the operational planning of Admiral Chester W. Nimitz and his staff in Hawaii in anticipation of the Battle of Midway.

These plans informed the tactical decisions of Rear Admiral Raymond A. Spruance during the epic battle, which culminated off Midway.

*The event is open to anyone with routine base access, no reservation required. Parking is limited so consider leaving your vehicle in the north parking lot adjacent to the officer's club.*

*(all photos courtesy of the Naval History & Heritage Command by permission of the Associated Press)*





**Workshops:** For information on any of these programs or to register, please call (401) 841-2283. Active duty, family members, Reservists, National Guard, retirees, and DoD employees are all welcome.

**June 11: Blended Retirement System, 10-11 a.m.:** Designed to provide sailors and family members the information they need to make informed decisions.

**June 12: Military Pay Issues, 9-10:30 a.m.:** Understand the military compensation system analyzing the Leave and Earnings Statement, and the use of the myPay website.

**June 12: Stress Management, 1-2:30 p.m.:** Learn techniques to effectively navigate stress, relax, and stay balanced.

**June 13-14: Career Technical Track, 8 a.m. to 4 p.m.:** If you are interested in a trade or technical field that may require a certificate or license.

**June 18-22: Transition GPS Workshop, 7:30 a.m. to 5 p.m.:** Aids in assisting service members and their spouses leaving the military to prepare for transition back to civilian life.

**June 19: Anger Management, 9-10:30 a.m.:** Learn some ways to manage your anger, and change your life for the better.

**June 20: Communication for Life, 10-11:30 a.m. :** Learn how important discussions can go awry, and steps that can be taken to keep these discussions on-track and constructive.

**June 21: Consumer Awareness, 10-11:30 a.m.:** Get the most for your money and avoid being a victim of fraud and find out the resources that are available.

**June 22: SAPR VA Refresher Training, 9-11 a.m. & 1-3 p.m.:** is for the DSAACP credentialed SAPR UVAs. Each VA participates in 32hrs of required refresher training. Contact Natalie Barone (SAPR VA) at (401) 841-6920.

**June 25: Car Buying, 9-10:30 a.m.:** find out how to gather your resources and be well informed

**June 26: FAP/SAPR CDO Training, 8 to 9 a.m.**

**June 28: Interviewing Process, 2-4 p.m.:** Includes traditional and behavioral interviewing questions and methods for responding to these questions.



## Welcome aboard to new Fleet & Family Support Center staff member Anne Champney!

Anne joined the team at Fleet & Family last month and will be overseeing Work/Life/Family Education and training and Ombudsman Coordination.

Work, Life and Family classes cover Work, Life and Family Skills such as Stress Management, Anger Management, Communication, Conflict Resolution, Leadership Development. Anne can also help develop training or classes for a specific need. She will offer courses and assistance to Commands, Students, Cadre and families. Her classes can be held at the Fleet & Family Support Center or at the command requesting the training. Anne is flexible on times and is willing to support request during duty hours or after.

As an Ombudsman Coordinator, her job is to help ensure the Ombudsman program runs smoothly and to offer guidance to the Command and to the Ombudsmen. She will be helping with training and will be a resource for assistance. Eventually she will be a Certified Ombudsman Trainer and can hold the Ombudsman training at the FFSC.

Finally, she is the briefer for the FFSC giving overviews on the services they provides. Some of the briefs she attends are as a team with Financial Management (Danny DelaDingo) and Exceptional Family Member Program Manager (Tammy Piol) or on her own to provide a general overview of program services.

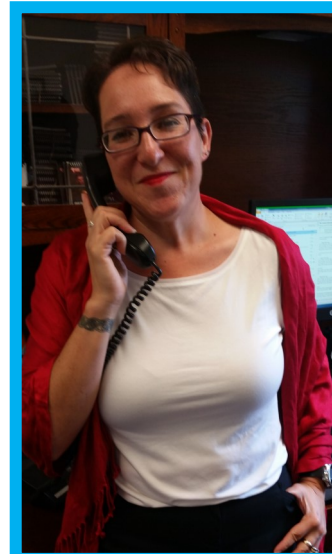
*"I know you all have demanding jobs and are pressed for time, so I will close with this: Please don't hesitate to reach out via email, the office number below or in person. I am happy to head to your location if a face to face is warranted or more expedient for you. I look forward to working with you and am excited to learn about the rich traditions and unique challenges the Navy provides."*

With Regards,

Anne Champney

Anne.champney@navy.mil

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## Survival of the friendliest: Evolving as women

February was not the best month to PCS to England. It was 1996, and due to a housing shortage, we spent four gray, drizzly months living in RAF Alconbury Air Force Inn. Every day, I paced that dreary base hotel and sat with our one-year-old baby at the nearby Anthony's Pizza, waiting for our new life to take shape.

I was lonely, vulnerable and desperate. So when the wife of Francis' boss invited me to be her guest at the Spouses' Club's annual "Crystal Bingo" dinner at the Stukeley Inn, I nearly leaped into her arms with pathetic enthusiasm.

On the night of the event, I wore a bulky sweater with shoulder pads and teased my bob just right — it was the 90s after all — in hopes of impressing the other spouses. My host found us a table, as wives kindly introduced themselves to me one after the other. Impressed with my legal background, one spouse asked if I would serve as the club's new Parliamentarian. I was so honored, and thought I'd found friends that would see me through our first overseas tour.

One month later, one of those same friendly spouses pointed a finger at me, and before storming dramatically out of the room, bellowed to the other women, “Well, if you think SHE has a better idea, then let HER do it! I’m done!”

After agreeing to be Parliamentary, my new fellow Spouses' Club members had informed me that they were reorganizing into a combined club and that I would have all the responsibility of working with base legal to affect the change and to rewrite the entire 17-page Constitution and Bylaws. This meant that I wouldn't just be swilling wine and winning free crystal at monthly socials, I would have to endure brutal-

ly long board meetings to hash out all the details of the club's reorganization.

I thought they had offered me the position because they liked me. But clearly, I'd been suckered. Although I had hoped to find fun women to vent to or explore England with, I found myself embroiled in ridiculous drama and petty rivalries. The experience was so negative, it took me nearly 20 years before I'd agree to join a base spouses' club again.

Why do women tear each other down?



Humans are animals, and regardless of social advancement, we cannot escape our basic instincts. According to evolutionary biology and Darwin's dominance theory, we engage in intra-sex competition for reproductive rights with the opposite sex, similar to other species.

However, research about human intra-sex rivalry was almost exclusively limited to men until the 1980s, when researchers finally realized that women were not the passive, uncompetitive beings that they had assumed they were. Scientists discovered that women compete with other women just as aggressively as men do with other men, but they do it indirectly.

While men use physical dominance to increase their natural selection, women, as child-bearers and nurturers, avoid competition that

might physically injure themselves or their kin. Evolutionary psychologist David Buss found that, instead, women use “competitor derogation” against other women — i.e., gossip, bad mouthing, and exclusion — to level the playing field.

We've all seen it before, even among young girls. Girls resent the prom queens, women judge each other's physical appearance, and we've all whispered behind each other's backs. Quite honestly, it's downright embarrassing.

We're no longer living in caves and eating mastodon steaks over an open fire, so why can't we control our primal urges to compete against our other women for ... for what? The right to be impregnated? Yikes! When you really consider it, it's ludicrous, isn't it?

As military wives, we move to unfamiliar places and spend months and even years without our spouses. We are each other's greatest resource for support, security and companionship, so we should never be

each other's worst enemies. When tendencies to judge or compete surface, we must make a conscious effort to be understanding, helpful and encouraging.

We're no longer cavewomen. We've evolved into modern military spouses. We're smart, strong, and a whole lot of fun. And we're each other's best friends.

*Lisa's syndicated column appears in military and civilian newspapers including Stars and Stripes, and on her blog at*

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## OFFICERS' CLUB, BUILDING 95

OPEN TO ALL PATRONS WITH BASE ACCESS

Monday-Friday: 11 a.m.-10 p.m. Saturday: 3-10 p.m.

Sunday & federal holidays: closed

**Monday ~ Mongolian** - Choose from a variety of veggies, noodles/ rice, proteins and sauces to create your own signature dish ~ 12.00

**Tuesday ~ Rhode Island Style Chicken** - Half roast chicken, pasta with marinara, French fries & salad bar ~ 13.00

**Cajun Shrimp & Lobster Cavatappi** - with baby spinach, Cajun peppers, tomato basil cream ~ 22.00

**Cavatappi Primavera** - with tomatoes, artichokes, olives, goat cheese in a roasted garlic butter ~ 14.00

**Wednesday ~ Fried Fisherman's Platter** - Fried clams, scallops & fish served with French fries and coleslaw ~ Market Price

**Baked Seafood Casserole** - Scallops, fish, shrimp, topped with a buttery cracker crumb, served with baked potato and seasonal vegetable ~ 22.00

**Thursday ~ Boiled Lobster** - New England favorite! Steamed and served with potato, corn on the cob, sausage & onions ~ Market Price

**Lobster Mac & Cheese** - A creamy blend of pasta & cheese and loaded with buttery lobster ~ 18.00

**Friday ~ Prime Rib** - 12 oz. thick cut, served with baked potato & seasonal vegetable ~ 24.00

**Cioppino** - Clams, mussels, fish & shrimp blended together in a classic fennel broth, served with crusty bread ~ 24.00 \*Add pasta for 2.00 extra

**\*\* Weekly specials & special nights are from 5-9 p.m. & not available for take-out \*\***

## COMMUNITY RECREATION CENTER, BUILDING 656

OPEN TO ALL PATRONS WITH BASE ACCESS.

Kitchen closes an hour before closing time.

Monday-Thursday: 11 a.m.-9 p.m.; Friday: 11 a.m.-10 p.m.; Saturday: 4-11 p.m.; Sunday: 1-8 p.m.; Federal

Holiday: 12-6 p.m.

**MONDAY** - Triple-Fried Burger with a fried egg, fried mozzarella and fried pickle served with fries or chips \$8.25, 11 a.m.-7:30 p.m.

**TUESDAY** - 1 lb (8-10 pieces) East West Wings \$6.75, 4-7:30 p.m.

**WEDNESDAY** - All-you-can-eat Pizza & Salad Buffet \$7.25, 11 a.m.-1:30 p.m.

**THURSDAY** - Free fountain soda with lunch purchase, 11 a.m.-1:30 p.m.

**THURSDAY SUNSET SOCIAL** - Enjoy the sunset from our decks with \$5 food & drink deck specials, 4-7 p.m.

**FRIDAY** - All-you-can-eat Mongolian Barbecue with free fountain soda \$9, 11 a.m.-1:30 p.m.

**MOVIE ON THE DECK** - Black Panther on Saturday, June 2, 8:30-11 p.m.

**TROPICAL DECK SOCIAL ON FRIDAY, JUNE 15** - Warm breezes and tropical treats, complete with steel drums starting at 6 p.m. Frozen drink and food specials throughout the evening!

## Naval Station Newport

# GREAT NAVY CAMPOUT

### Discover Your Adventure

## Carr Point Recreation Area

**Saturday, June 23 at 2 p.m. to  
Sunday, June 24 at 10 a.m.**

**This is a FREE event!**





### Get Out and Camp!

- Come camp with MWR, we supply the tents, sleeping bags!
- Fishing, Yoga, S'mores, Movie & popcorn!
- A variety of informational demonstrations, games and activities will all be available!
- For a fee of \$10.00 per person MWR will provide a cooked dinner, all the fixings for S'mores, and even breakfast in the morning!

Sponsored by




Register at Seaview Lanes Bowling Center before Friday, June 15. For more information, call (401) 841-3142 or stop by Building 656.

SUPPORTING SPONSOR



Tuition-Free, Online Public School Programs for Grades K-12. Learn More at K12.com/Campout

Presented by







## Thursday, June 14, 6 a.m. start

Join the MWR Fitness Staff for a morning run or command PT. Individuals and commands preregister at the John H. Chafee Fitness Center by Wednesday, June 13. Same day sign-ups will be at the Weenachasett Bridge at 5:45 a.m. The three mile run or 1.5 walk will start and finish on the Weenachasett pedestrian bridge. Prizes for top three males and females will be awarded and to the largest command participation. Commands bring in a roster to the John H. Chafee Fitness Center to register. Refreshments will be provided after the race.

For more information, call (401) 841-7354.

The Department of the Navy does not endorse any company, sponsor or their products or services.



## DID YOU KNOW:

Commander, Navy Region Mid-Atlantic Instructions prohibit parking within 15 feet of fire hydrants, including underground fire hydrants, and all Fire Department sprinkler and standpipe connections. Additionally, parking is prohibited within 3 feet of Fire Alarm boxes or sprinkler system post indicator valves.

## LIFE SAVING SKILLS:

The NAVSTA Fire Dept. will be hosting their **NEXT CPR** Training for Base personnel who are interested in becoming certified in CPR. This training is at no cost to personnel and all participants will receive an American Heart Association CPR Card upon completion. The department can support group class requests if desired up to a maximum of 12 students per group. Scheduled classes will begin at 9 a.m. and end at 11:30 a.m. Installation personnel are highly encouraged to take advantage of this opportunity. **The next class is scheduled for June 29th.** For more information.

### Facts and statistics of CPR

-Effective CPR provided by a bystander immediately will help in increasing the chances of survival of a cardiac arrest victim.

-95% victims of cardiac arrest die prior to reaching a hospital or medical care facility.

-CPR aids in maintaining vital flow of blood that to the brain and heart. It also aids in increasing the duration of electric shock provided via a defibrillator, thereby, making the process more effective.

-If a bystander does not perform CPR, the survival chances of a victim will decrease 7% in every single minute of delay.

-Within 5 - 6 minutes after a victim has experienced cardiac arrest and within that time span, no CPR is performed, followed by defibrillation, the victim might further suffer from brain death crisis.

-More lives can be saved; with proper knowledge and training in



in-

performing CPR because death from cardiac arrest is not at all inevitable.

-CPR is not only meant for resuscitating a victim of cardiac arrest. 7 million people, including children and adults suffer disabling injuries every year in their homes or within similar environments. This is caused by accidents that might require the use of CPR.

-In US alone, a life is lost because of a combination of accidents and heart attacks, every 34 seconds!

-As per studies, 45% heart attacks occur amongst people under 65 years of age.

-As per AHA, 1 in 6 men and 1 in 8 women, above 45 years of age have had stroke or heart attack.

## BECOME SUICIDE ALERT!



# safeTALK

*suicide alertness for everyone*

**Help someone  
when they need it most.**

Suicide is preventable. Anyone can make a difference.

safeTALK

Suicide Alertness Training

Chapel of Hope

21 June 2018

0800 - 1200

### What is safeTALK?

safeTALK is a half-day alertness training that prepares anyone 15 or older, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTALK-trained helpers can recognize these invitations and take action by connecting them with life-saving intervention resources.

### Over the course of their training, safeTALK participants will learn to:

- Notice and respond to situations where suicide thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- Apply the TALK steps: Tell, Ask, Listen, and KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to them for further help



Please call (401) 841-2234 or email [kenneth.riddick@navy.mil](mailto:kenneth.riddick@navy.mil) to register to attend the upcoming training. This training is open to all with routine base access and Command Suicide Prevention Coordinators are specifically encouraged to attend. Registration deadline is Friday, 15 June 2018.





## VET CLINIC OPEN TUES/WEDNESDAYS

The U.S. Army Newport Veterinary Clinic, in building 1255 Whipple St., adjacent to Leisure Bay, is open Tuesday and Wednesday from 9 a.m. to 3 p.m. Pets are seen by appointment only so please call them during their open hours at: (401) 841-3994 to schedule an appointment or for information. Only active duty military personnel, their dependents, Reservists, National Guard members and retired military personnel are authorized to use the Veterinary Clinic. The Clinic offers wellness exams, minor sick call exams, routine vaccinations, pet supplies, including flea and tick prevention and Health Certificate preparation and exams. Check them out on Facebook at: <https://www.facebook.com/newportvetclinic/>

## RI AIR SHOW THIS WEEKEND

June 9-10th, Quonset State Airport Gates open at 9 a.m. and flying starts at 11 a.m. Quonset Point is just off Rte. 1 in North Kingstown. This huge event is free to attend! Performers include the U.S. Navy Blue Angels; USAF F-35 Heritage Flight Team; USNA Jump Team; Sean D. Tucker; Mike Goulian; Geico Skytypers; Ace Maker Air Shows T-33; Mark Murphy P-51D Mustang Demo; F4U Corsair Demo; TBM Avenger Demo; Schockwave Jet Truck and C-130J Super Hercules. No pets allowed; no coolers (but food and drink vendors will be set up); no backpacks, weapons or drones allowed. For more information go to [www.rhodeislandairshow.com](http://www.rhodeislandairshow.com) and we'll see you out there!



(P.S.—There is a tent set up for military families so make sure you have your ID with you and take advantage of some great seating and free goodies while you're there!)

## NAVY EXCHANGE SCRATCH OFF & FATHER'S DAY SPECIALS:

The Navy Exchange has another Scratch Off event kicking off next week in advance of Father's Day—there are a lot of sales going on so stop in and check out the new renovations while you are in the store. Work continues to upgrade our fantastic Navy Exchange!



## BZ NEY HALL GALLEY!

Ney Hall has their 5 Star Accreditation back—BZ to the award winning team at our Galley! SPECIAL JUNE MEAL at the galley will be on June 20th and will include Pulled Pork, BBQ and Chicken wings—more to follow on this but plan to attend. The luncheon is open to anyone with routine installation access and their guests.

## UPCOMING SPECIAL EVENTS:

**June 8:** Battle of Midway Commemorations—special lecture of opportunity June 8, NWC Museum  
**June 8:** Officer Candidate School Graduation  
**June 9 & 10:** R.I. National Guard Open House & Air Show featuring the Navy's Blue Angels, Quonset Point  
**June 15:** Naval War College Graduation  
**June 15:** Navy Supply Corps School Graduation  
**June 29:** Officer Candidate School Graduation  
**July 4:** Bristol 4th of July Parade Celebration  
**July 18:** Military Appreciation Night at the Gulls, Cardine Field  
**July 20:** Officer Candidate School Graduation  
**July 23 & 24:** Naval Academy Prep School Class of 2019 Open House and Induction Day  
**August 4:** Save the Bay Swim  
**August 25:** **NS Newport Salute to Summer Concert & Fireworks onboard NS Newport's Dewey Field**

**HURRICANE SEASON PREPAREDNESS** - [HTTP://WWW.NHC.NOAA.GOV/INDEX.SHTML](http://www.nhc.noaa.gov/index.shtml) (weather)  
**NAVY FAMILY ACCOUNTABILITY AND ASSESSMENT SYSTEM (NFAAS) WEBSITE** - [HTTP://WWW.NAVYFAMILY.NAVY.MIL](http://www.navyfamily.navy.mil) (to update personal contact information)  
**NEW WEBSITE FOR ID CARD APPOINTMENTS** - [HTTPS://RAPIDS-APPOINTMENTS.DMDC.OSD.MIL](https://rapids-appointments.dmdc.osd.mil)

### Chapel of Hope

1172 Vaughan Street

June 11<sup>th</sup>—14<sup>th</sup>

0800 - 1400

## Testing Ground

## FREE Coffee





## ON BASE UPDATES:

**Gate Hours:** Following are **routine** gate hours:

**Gate 1:** open 7 days a week/24 hours a day for routine traffic.

**Gate 2:** Open for a.m. commute Mon-Fri from 6:30 to 8:30 a.m. to alleviate Gate 1 backups.

**Gate 17:** Open Mon-Fri from 6 a.m. to 6 p.m.—commercial vehicles should use Gate 17.

**Gate 7:** NHCNE Gate, open Mon-Fri 6 a.m. to 6 p.m.

**Gate 23:** NUWC Gate open 24/7 for commuters.

**Gate 32:** Open Mon-Fri 6:30 to 9 a.m. and 3:30 to 5:30 p.m. for commuters.



**GATE 1 WILL BE CLOSED FOR MAINTENANCE ON SATURDAY (JUNE 9) FROM 9 A.M. TO NOON.  
GATE 17 WILL BE OPEN DURING THIS PERIOD. THANK YOU FOR YOUR COOPERATION.**

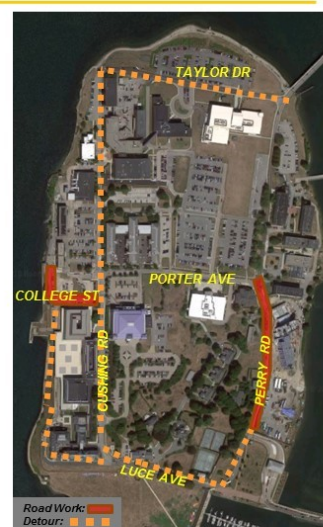
## CONSTRUCTION PLANNED:



### Coasters Harbor Island



- Scope:
  - Repave Perry Rd (Gate 1 to Crosswalk North of Porter Ave)
  - Repave College St near NWC (North of Hewitt Hall, B991)
- Timeline: 18 Jun – 31 Jul
- Impacts:
  - Perry Rd Detour as depicted to the right
  - Perry Rd Sidewalk closed – use alternative sidewalk
  - Gate 1 closed for ~5 days to repave Perry Rd & Gate 1 intersection – Dates TBD
    - ❖ Gate 2 will be Primary 24/7 Gate while Gate 1 is closed.
  - College St Detour
    - Adjusted traffic flow to two-way traffic on Luce Ave.
- POC: ENS Binal Rana, Construction Manager, 841-1762



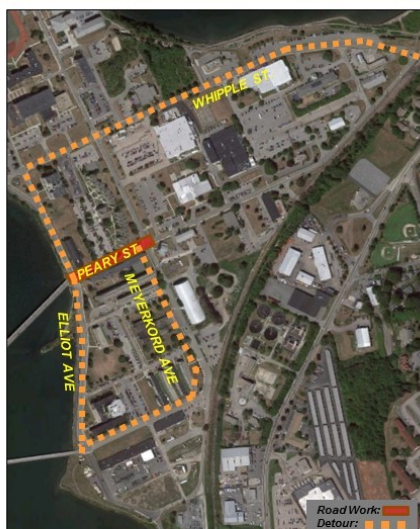
1



### Coddington Point



- Scope
  - Repave Peary St from Elliot Ave to Meyerkord Ave including intersections.
  - Crosswalk Safety Enhancements at Peary/Elliot intersection.
- Estimated Timeline: 30 days following CHI paving work.
- Impacts:
  - Phased detour at intersections
- POC: ENS Binal Rana, Construction Manager, 841-1762



2

**SOME THINGS  
DON'T ADD UP**



**DRUNK  
DRIVING**

DEPARTMENT OF  
TRANSPORTATION

deptrans.co/drinkawareness



**HOT JOBS** AS OF TODAY THERE ARE **136 RHODE ISLAND BASED FEDERAL JOBS** LISTED ON **USAJOBS.GOV**—MANY OF THEM ARE POSITIONS LISTED RIGHT HERE ON THE INSTALLATION—SEE BELOW OVERVIEW AND GO TO: **WWW.USAJOBS.GOV**

*There are so many benefits to working on the base: Free parking; access to the Officer's Club and Recreation Center; access to the outdoor facilities; Naval War College Museum access; access to events with free entertainment; family events; joining a team focused on the security and defense of America. Veterans have hiring preference but all qualified applicants are encouraged to apply.*

NGIS Front Desk Assistant/Night Auditor  
MWR Sales Clerk/Sales Assistant  
NGIS Custodial Worker  
MWR Sailing Instructor  
MWR Groundskeeper  
Physicians  
Program Manager  
Scientists  
Logisticians

Accountants

Interior Designers

Financial Management Analysts

Engineering Technicians

Quality Assurance Specialists

Architects

Chemists

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1. CLICK **GO** HOURLY JOBS

JOB NUMBER	JOB TITLE
1800004L	SALES CLERK - FULL TIME
1800010Z	NAVY LODGE - OVERNIGHT GSR
1800013T	SEWING MACHINE OPERATOR
1800014B	NAVY LODGE - GSR
18000151	SALES CLERK - PACKAGE STORE
18000152	SALES CLERK - SEASONAL
1800015M	SALES CLERK - CONSUMABLES
1800017O	CUSTOMER SERVICE CLERK
1800017P	CASHIER CHECKER - FULL TIME
1800017Q	CASHIER CHECKER - PART TIME
1800018Y	UNIFORM PRESSER - SEASONAL
180001M8	SALES CLERK - HOUSEWARES
180001O7	FABRIC WORKER/TAILOR

2. ENTER JOB NUMBER OR SEARCH BY CITY/STATE

3. CLICK ON **SEARCH FOR JOBS**

Located on Naval Station Newport  
1250 Hacker Ave, Newport, RI 02841





## Navy Observes LGBT Pride Month

By Navy Office of Information

WASHINGTON (NNS) -- Throughout the month of June, the Navy joins the nation in observing Lesbian, Gay, Bisexual and Transgender (LGBT) Pride Month.

The Navy is committed to fostering an actively inclusive environment that values the diversity of its force, and recognizes that service members and civilians achieve optimal performance when each and every member of One Navy Team is treated with dignity and respect.

Initially established as "Gay and Lesbian Month" by Presidential Proclamation in 2000, LGBT Pride Month recognizes the accomplishments of the lesbian, gay, bisexual and transgender community, and acknowledges their continued struggle to achieve equality.

The Navy and DoD have demonstrated their commitment to gender equality and inclusion by implementing the repeal of the "Don't Ask, Don't Tell" policy in 2011, enabling gay, lesbian and bisexuals to openly serve in the armed forces, and by instituting a 2016 policy change to enable transgender personnel to serve as their preferred gender.

In support of the Navy's primary mission of deterring and defeating adversaries in all domains across all spectrums of warfare, the Navy is committed to building and maintaining force comprised of the most capable and qualified Sailors regardless of ethnicity, gender, sexual orientation, class or background.

In accordance with ALNAV 007/18, Navy com-



SAN DIEGO (June 28, 2016) Capt. Craig Clapperton, commanding officer of the aircraft carrier USS Theodore Roosevelt (CVN 71), speaks about the importance of Lesbian, Gay, Bi-sexual and Transgender (LGBT) celebration. Theodore Roosevelt is currently moored and homeported in San Diego and is undergoing a sched-

mands are encouraged to participate in LGBT Pride Month and all special observances throughout the year in recognition of the service and dedication of the men and women who contribute their diverse skills, perspectives, talents and backgrounds to strengthen One Navy Team.

For more information about LGBT Pride Month, visit: <http://www.deomi.org/human-relations/special-observances.cfm>.



COLORADO SPRINGS, Colo. (June 2, 2018) Retired Hospital Corpsman 3rd Class Jaime Garza Jr., from The Colony, Texas, participates in the discus throw during the 2018 Department of Defense Warrior Games at the U.S. Air Force Academy in Colorado Springs, Colo. Team Navy is comprised of athletes from Navy Wounded Warrior - Safe Harbor, the Navy's sole organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors and Coast Guard members, providing resources and support to their families. (U.S. Navy photo by MC2 Jacob Milham/Released)



## A Monument to Perseverance:

### *The Struggle to Build the Newport Bridge, 1945-1969*

**Newport, RI** – On Thursday, June 21, 2018 at 5:30pm at the Newport Historical Society Research Center, 82 Touro Street, Newport, RI, Dr. Jim Ricci will illuminate the struggle to build the Newport Bridge from its original momentum following World War II to its opening in 1969, the technological innovations employed in its construction, and its emergence as a cultural icon.

For over three centuries, ferry shuttled passengers across Narragansett Bay's East Passage from Jamestown to Newport. That service ended on June 28, 1969, the day the Newport Bridge opened. It took a quarter of century for the bridge to receive approval and be constructed. After World War II, traffic from the population centers to the south and west stalled at the Jamestown Ferry Landing. Newport itself was in the process of consciously reinventing itself from a sailor town to a tourist center. Preservation and urban renewal efforts were restoring the community's built environment in attempts to recapture the town's reputation as America's First Resort.

The Newport Bridge has become a cultural icon to Newport and Rhode Island. Its gothic arches invoke Roebling's Brooklyn Bridge. Its image has become ubiquitous around Newport. It graces virtually every tourist guide and promotional publication about the city. The bridge stands sentinel over Newport's storied environment. During the bridge's opening ceremonies, Governor Frank Licht characterized the bridge as a monument to the perseverance of the proponents and bridge builders who got the job done.

#### **About the Newport Historical Society**

Since 1854, the Newport Historical Society has collected and preserved the artifacts, photographs, documents, publications, and genealogical records that relate to the history of Newport County, to make these materials readily available for both research and enjoyment, and to act as a resource center for the education of the public about the history of Newport County, so that knowledge of the past may contribute to a fuller understanding of the present. For more information please visit [www.NewportHistory.org](http://www.NewportHistory.org).



#### **AMERICAN ILLUSTRATION AND THE FIRST WORLD WAR**

The National Museum of American Illustration (NMAI) in Newport, RI is pleased to announce the debut of its newest exhibition, *American Illustration and the First World War*, celebrating the 100<sup>th</sup> Anniversary of the resolution of "The War to End All Wars." The exhibition will premiere with the opening of the NMAI's Summer Season on May 17<sup>th</sup>.

Featuring original paintings, works on paper, vintage posters, and accompanying artifacts, *American Illustration and the First World War* highlights the essential work the American illustrators accomplished in swaying opinions and rallying National support for the war effort.

The National Museum of American Illustration is an independent, educational and aesthetic organization with the goal to present the best venue for the public to appreciate the greatest collection of illustration art. The NMAI's Summer Season began May 17. The museum is open Thursday through Sunday from 11 a.m. to 5 p.m. with a Guided Tour every Friday at 3 p.m.. It is located at Vernon Court, 492 Bellevue Avenue, Newport, RI. Admission is \$20 for adults, \$18 for active duty military, DOD dependents and civilians. For information call (401) 851-8949 ext. 18 or visit [www.americanillustration.org](http://www.americanillustration.org).







## MILITARY WOMEN ACROSS THE NATION (MWAN) OCEAN STATE UNIT 118 Luncheon with Honoree LNC (IW) Stephani Pavoni



15 June 18 (Friday) starting at 11: 30 A.M. Greetings with Lunch at 12:00 P.M. The Lunch menu is a Saratoga Buffet with two choices of meat; Chicken Marsala or Baked Fresh Atlantic Salmon Filet with veg or salad followed by dessert. 2018 R.I. Military Women of the Year will be awarded.



**PLEASE DETACHED THIS PART OF THE FLYER & SEND TO: Elena Soini at 18 Congdon Ave  
Newport, RI 02840 with a check of \$23.00 per person made out to Ocean State Unit 118.**

**Please circle one: Have ACCESS or DON'T HAVE ACCESS to the Newport Navy Base.**

**If you don't have access then you will be put on the access list. Please send your RSVP by  
7 June 18 (Thursday). All are welcome to come and have some fun!**

## Telephone Scam Targeting Veterans

The VA is investigating a telephone scam involving an individual, or individuals, impersonating VA Office of General Counsel attorneys. The perpetrators reportedly call Veterans and request money to process their claims for benefits. It is important to know that VA — as a cabinet-level agency of the U.S. government, funded by Congress — will never request payment for carrying out our mission to serve Veterans.

To learn more, visit: <https://www.blogs.va.gov/VAntage/48063/veterans-benefits-scam-alert-beware-of-scammers-impersonating-va-attorneys/>.



## TELEHEALTH ACROSS STATE LINES

The Department of Veterans Affairs announced a new rule May 11 allowing VA health-care providers to administer care to Veterans using telehealth when care will occur across state lines or outside a VA facility.

“This new rule is critical to VA’s ‘Anywhere to Anywhere’ initiative,” said VA Acting Secretary Robert Wilkie. Enabling Veterans to receive care at home, the rule will especially benefit Veterans living in rural areas or who must travel long distances to receive care.

To learn more visit [https:// connected-care.va.gov/](https://connected-care.va.gov/).